



SRI RANGANATHAR INSTITUTE OF ENGINEERING AND TECHNOLOGY

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Athipalayam, Coimbatore - 641 110. Web site: sriet.ac.in Ph: 0422 2697792



ISO 9001:2015

LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE)

Sl.No.	TITLE OF THE EVENT
1	BUILDING RESILIENCE SKILLS TO SUCCEED IN PERSONAL AND PROFESSIONAL LIFE

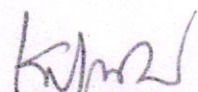



POST EVENT REPORT

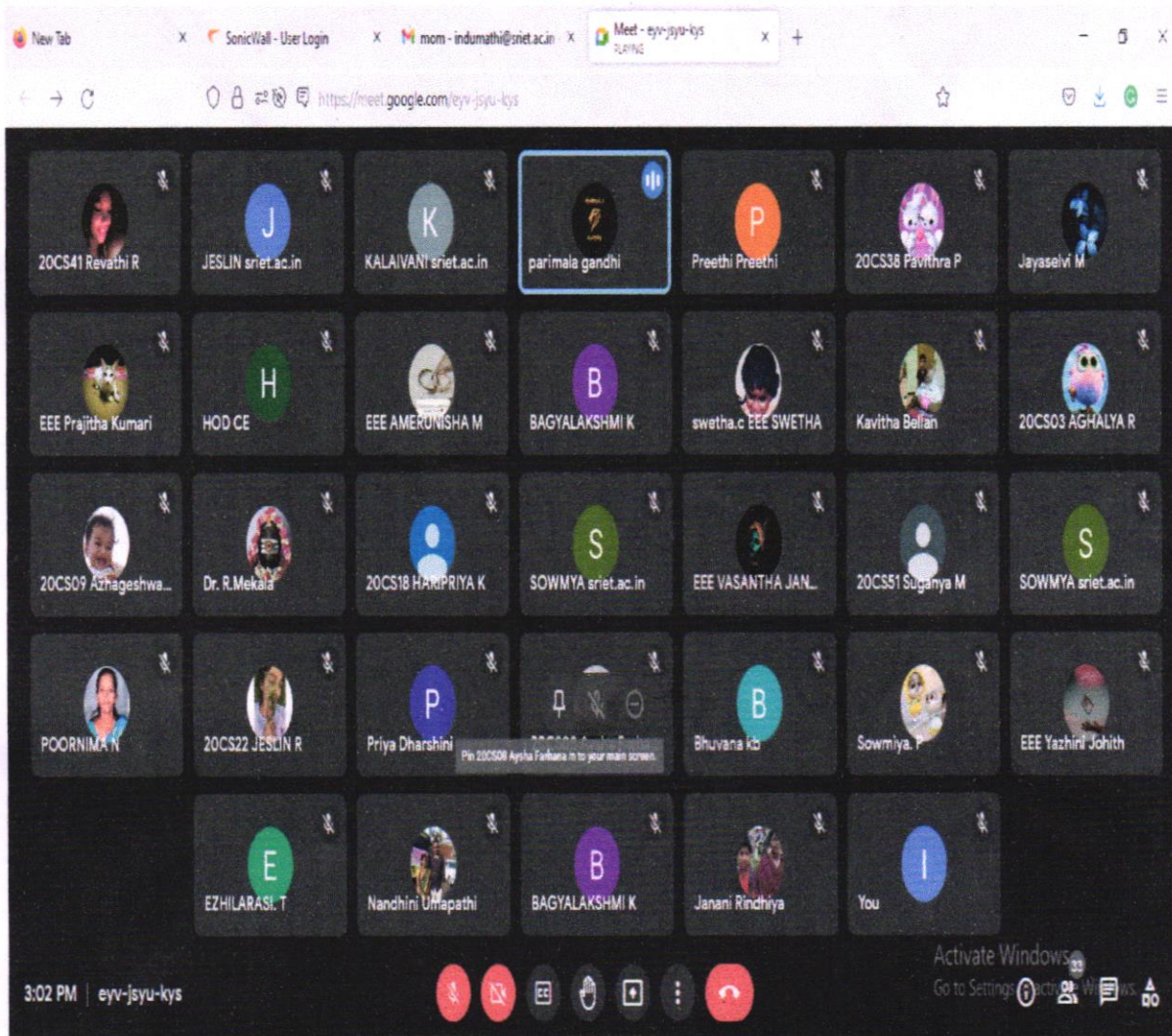
Department	SCIENCE & HUMANITIES	
Name of the Event	Life Skill	
Title of the Event	Building Resilience Skill to Succeed in Personal and Professional Life	
Date of the Event	06.01.2021	
Venue & Time	Online	2.00p.m – 3.15p.m
Link for Google meet	https://meet.google.com/eyv-jsyu-kys	
Name of the Chief Guest	Dr. R. Sumathi, M.A., Ph.D	
Designation of the Chief Guest	Assistant Professor, Kongunadu Arts and Science College	
No of Participants	156	
Outcome	Resilience is important because it gives people the strength needed to process and overcome hardship. Those lacking resilience get easily overwhelmed, and may turn to unhealthy coping mechanisms. Resilient people tap into their strengths and support systems to overcome challenges and work through problems	
Feedback	Students realized the value of Resilient skills which help them to approach new situations, people or experiences with confidence and a positive mindset, and make them more likely to succeed.	


HoD



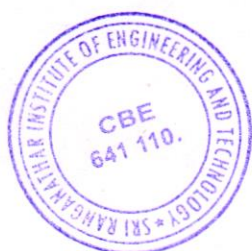

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Online session on

“Building Resilience Skill to Succeed in Personal and Professional Life”



K. Anand
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Department of Science & Humanities

Academic year: 2020-21

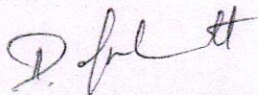
Proposal for the Webinar

29.12.2020

Submitted to the Principal

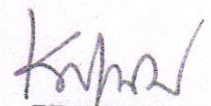
Sub: Requesting permission to conduct the Seminar - Regd.

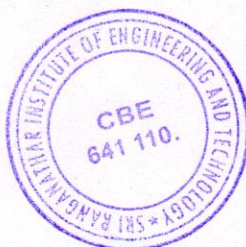
We would like to conduct the Seminar on **“Building Resilience Skill to Succeed in Personal and Professional Life”** for our first year students on 06.01.2021 through virtual mode. In this regard, we have invited the Resource person Dr. R. Sumathi, M.A., Ph.D, Assistant Professor, Kongunadu Arts and Science College. It would be very helpful to our students as well as the faculty members to become unique individuals, to promote autonomy, develop self-confidence and to acquire the skills to face life and adversity. We request you to kindly give us permission to conduct this Seminar on 06.01.2021.



Program-Cordinator


HOD


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05.01.2021

CIRCULAR

This is to inform that the Department of Science & Humanities is going to conduct Life Skill Program on **Building Resilience Skill to Succeed in Personal and Professional Life** through virtual mode for the first year students Dr. R. Sumathi, M.A., Ph.D, Assistant Professor, Kongunadu Arts and Science College on 06.01.2021 at 02.00 p.m. All the I year students and faculty members are instructed to log in 5 minutes before and attend the program without fail.

Link for Google meet: <https://meet.google.com/eyv-jsyu-kys>


HoD

Copy to

Principal File

The HoDs – S&H, EEE, ECE, CIVIL, CSE & MECH




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KONGUNADU ARTS AND SCIENCE COLLEGE

(Autonomous)

Coimbatore – 641 029

Department of English

Name : Dr.R.Sumathi
Designation : Assistant Professor
Qualification : M.A., Ph.D
Date of Birth : 14.12.1975
Staff ID : A/TS/29



Area of Specialization: Fiction, ELT, Indian Writing in English

Address for Communication: 18, PPS Colony, Anna Nagar, Peelamedu
Coimbatore 641 004

Mobile Number : 9092865649

Email ID : sumenglit@gmail.com

Institution Mail ID : rsumathi_el@kongunaducollage.ac.in

Teaching Experience : UG: 18 PG: 05

Research Experience : 18

Research Guidance : M.Phil Ph.D




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Research	Completed	Ongoing
M.Phil	15	01
Ph.D	08	04

NET / SET Qualified :-

Membership in Professional Bodies: Annual Member in Indian Science Congress
Association

Other Qualification(s) :-




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EDUCATION

DEGREE	UNIVERSITY	YEAR OF COMPLETION
B.A English	Madurai Kamaraj University	April 1996
MA English	Gandhigram Rural Institute	April 1998
Ph.D English	Gandhigram Rural Institute	December 2009

Ph.D DISSERTATION TOPIC : Royal Bildungsroman in Indian English Fiction

GUIDE EXPERIENCE M.Phil : No. of scholars completed: 17
: No. of scholars pursuing: 1

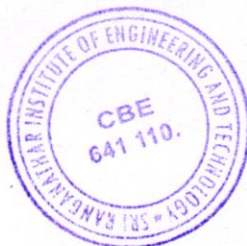
Ph.D : No. of scholars completed: 8
No. of scholars pursuing: 4

TECHNICAL QUALIFICATION : PGDCA(1995-1996)
C, BASIC, PASCAL, COBOL, FORTRAN, LOGO,
DOS, FOXBASE.

AREAS OF SPECIALIZATION : Indian English Literature, English Language Teaching,
Archetypal Criticism, Feministic Approach in
Literature, Bildungsroman Genre, Women Rights,
Women Writings in English...

TEACHING EXPERIENCE

- Lecturer of English at Karpagam College of Arts and Science, Coimbatore from 2005 to 2006
- Assistant Professor of English at SNR & Sons College, Coimbatore, from 2006- 2008
- Assistant Professor and Head of the Department of English at Dr. Rajalakshmi College of Arts and Science 2008-2013




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- Assistant Professor in English (recently re-designated as Assistant Professor), Kongunadu Arts and Science College, Coimbatore from June 2003 till present. (8½ years, of UG and 3 ½ years of PG teaching experience).

ACADEMIC RESPONSIBILITIES:

- Teaching at UG and PG levels, acting as supervisor for examinations, evaluation of answer scripts, question paper setting,
- Areas taught at the PG level: Indian Writing, American Literature, Literary Theory and Criticism, World Masterpieces, Shakespeare.
- UG- ELT, Literary Forms, Part II English
- Do extensive proof-reading work for college website.
- Teacher in charge of the Language Lab.
- Handling Communicative English for UG&PG students.
- Act as judge in several oratorical competitions in the college and outside.
- Lead the students psychological self-help group **Alleviators**
- Lead the Students' Anti child harassment group **Abhayadakshina**
- Rehabilitate and counsel the students through **Personal Counseling Centre**.
- Facilitate the women students to increase their intellectual capacities and induce awareness on Gender sensitization through activities and programs of **Women Empowerment Cell**

PAPER SETTING AND VALUATION

- Set end-of semester question papers, both UG and PG (English major) for NGM College, Pollachi., Gobi Arts and Science College, Gobichettipalayam.
- Examiner for English for the central valuation of Bharathiar University.
- Examiner for BA English for the valuation of Govt. Arts College, Coimbatore.
- Examiner for BA &MA English for the valuation of Dr.SNSRajalakshmi College of Arts and Science College, Coimbatore
- Valued papers for Nirmala College for Women, Coimbatore and PSGR Krishnammal College for Women, Coimbatore.
- Examiner for BA & MA English for the valuation of Chikanna Govt. Arts College, Tiruppur- 02 ...




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DEPARTMENT OF SCIENCE AND HUMANITIES

Webinar on

"Building Resilience Skill to Succeed in Personal and Professional Life"

By

Dr. R. Sumathi, M. A., Ph.D.

**Assistant Professor, Kongunadu Arts and Science College,
Coimbatore**

CHIEF PATRON

Dr. V. NARAYANASAMY
CHAIRMAN, SRI GROUPS

PRESIDENT

Dr. K. P. ARULSHRI
PRINCIPAL, SRIET

VICE - PRESIDENT

Dr. S. ESWARAN
HOD - S & H

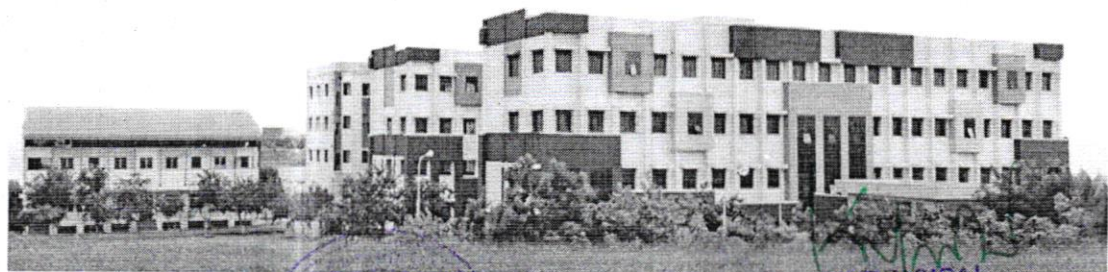
CO-ORDINATOR: Mrs. D. INDUMATHI, AP
ENGLISH, S & H

06th January, 2021

Timings: 2.00p.m. to 3.15p.m.

Joining link:

<http://meet.google.com/eyv-jsyu-kys>



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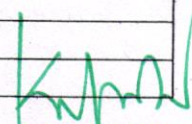
DEPARTMENT OF SCIENCE & HUMANITIES
ATTENDANCE LIST

Topic: **Building Resilience Skill to Succeed in Personal and Professional Life**

Date: 06.01.2021

S. No.	REGISTER No.	NAME OF THE STUDENT
1.	713920103001	BAGAVATHY RAJAN P
2.	713920103002	BALASUBRAMANIYAN S
3.	713920103003	CHANDHRU C
4.	713920103004	DEVA B
5.	713920103005	JAGADEESH M
6.	713920103006	JOHN ROHAN J
7.	713920103007	KABILAN K
8.	713920103008	KAILASH B
9.	713920103009	KANNAN R
10.	713920103010	KRISHNA VENI S
11.	713920103012	MIRUDHULA DHARSHINI K
12.	713920103013	NAGALINGAM K
13.	713920103014	NAVEEN KUMAR D
14.	713920103015	NAVITHA M
15.	713920103016	NILESH N
16.	713920103017	PRASANNA VENKATESHAN P
17.	713920103018	RABIUN RAHUL J
18.	713920103019	RAGUL P
19.	713920103020	SIVANAVILAN M
20.	713920103022	SRI AISWARYA M
21.	713920103024	SRIDHARAN B
22.	713920103025	SUDHARSHAN KUMAR S
23.	713920103027	VEERAKUMAR M
24.	713920103028	VIGNESHWARI M
25.	713920103029	VISHWA E
26.	713920106001	AJAYKUMAR M
27.	713920106002	ANDICHAMY A
28.	713920106004	BALAGANAPATHI P
29.	713920106005	BHUVANESHWARI P
30.	713920106006	CHIRANJEEVI S
31.	713920106007	DEEPA K
32.	713920106008	DIVYA J
33.	713920106009	GOWTHAM R
34.	713920106010	HARISH R
35.	713920106011	JAYENDRAN M




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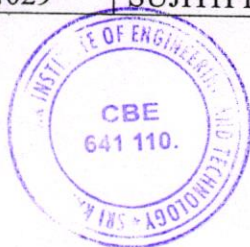
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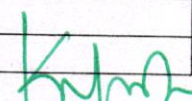
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36.	713920106012	JOY AJAY VARMA J
37.	713920106013	MANISHA R
38.	713920106014	NASHREEN A
39.	713920106015	NISHANTH E
40.	713920106016	NIVETHAKI S
41.	713920106017	PAVITHRA R
42.	713920106018	PRAVEEN KUMAR B
43.	713920106019	RAMYA M
44.	713920106020	SAKTHI M
45.	713920106021	SANTHANA KRISHNAN S
46.	713920106022	SARAVANAN P
47.	713920106023	SASTHA KUMAR L
48.	713920106024	STEPHEN M
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50.	713920106028	VINITHA G
51.	713920114001	ABIMANYU M
52.	713920114002	ADAIKALARAJ M
53.	713920114003	ANKAPPA N
54.	713920114004	ANUSH ARAVINDHAN N
55.	713920114005	ARULPANDI S
56.	713920114006	ARUN A
57.	713920114007	ARUNPANDIYAN B
58.	713920114008	ASHOK KUMAR S
59.	713920114009	BHARATHVAJ S
60.	713920114010	GOKUL G
61.	713920114011	HARSHA KUMAR N
62.	713920114013	JOTHISH J
63.	713920114014	MADHUSUDHANAN K
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65.	713920114016	MANIKANDAN K
66.	713920114017	MATHANKUMAR B
67.	713920114018	MATHIYAZHAGAN K
68.	713920114019	MUGESH KANNAN G
69.	713920114021	PRAKASH S
70.	713920114022	RAMKUMAR R
71.	713920114023	SAMUEL S
72.	713920114024	SARAVANAKUMAR G
73.	713920114025	SATHISH R
74.	713920114026	SELVAGANESH A
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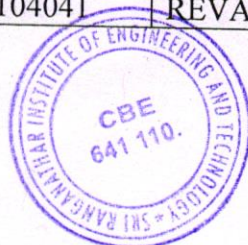

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78.	713920114030	SURYA V
79.	713920114031	THAVA SELVAM B
80.	713920114032	VIGNESH V
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83.	713920104001	ABIGAIL J
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86.	713920104004	AJAY T
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118.	713920104040	PUNITHASHREE D
119.	713920104041	REVATHI R




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154.	713920105022	VASANTHA JANANEESWARIN
155.	713920105023	VIGNESH C N
156.	713920105025	YAZHINI S

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