

Life skills (Yoga, physical fitness, health and hygiene)

ACADEMIC YEAR 2021 - 2022

| S. NO. | TITLE OF THE EVENT | |
|--------|--------------------------------------|--|
| 1 | FOCUS & SELF CONTROL | |
| 2 | LIVE BY CHOICE | |
| 3 | YOGA – A ONE-WEEK TRAINING PROGRAMME | |





SRI RANGANATHAR





POST EVENT REPORT

| Department | Mechanical Engineering | | |
|---|---|--|--|
| Name of the Event | Life Skills | | |
| Title of the Event | Focus and Self Control | | |
| Date of the Event | 04.10.2021 | | |
| Venue & Time | Seminar Hall 10.00 a.m to 11:30 a.m | | |
| Name of the Chief Guest | Dr. K. Kalaiselvan | | |
| | Professor | | |
| Designation of the Chief Guest | Dr. N. G. P Institute of Technology, Coimbatore. | | |
| No. of Participants | 112 | | |
| Outcome | The programme emphasizes on Focus and Self Control that involves executive function skills, including paying attention (focus); remembering what we need to know so we can use this information (working memory); thinking flexibly so we can respond to the changing | | |
| Calconic | circumstances in our lives (cognitive flexibility); and resisting an automatic response (inhibitory control). Hence students are advised to think before acting and choose a more appropriate response. | | |
| Students were happy for attending this s very useful to enhance learning in typic | | | |
| Feedback They also expressed their gratitude to the Man faculty members of Department of Engineering for conducting this program. | | | |

CBE 641 110.





INSTITUTE OF ENGINEERING AND TECHNOLOGY
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(An ISO 9001:2008 Certified Institution)
Athipalayam, Colmbatore - 641 110. Web site: www.sriet.ac.in Ph: 0422 2697792



Students are attending the session "Focus and Self Control"



Department of Mechanical Engineering

Proposal for Seminar on Focus and Self Control

28.09.2021

Submitted to the Principal

Sub: Requesting permission to conduct the Seminar - Regd.

We would like to conduct the Seminar on "Focus and Self Control" for our Mechanical students on 04.10.2021. In this regard, we have invited the Resource person Dr. K. Kalaiselvan, Professor - Dr. N. G. P Institute of Technology, Coimbatore.

Kindly give us permission to conduct the Seminar in the seminar hall on 04.10.2021 to be held from 10.00 a.m to 11:30 a.m

Event coordinator

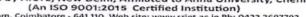
HoD/1978CH

Principal











DEPARTMENT OF MECHANICAL ENGINEERING

Interaction with students - Focus and Self Control

01.10.2021

CIRCULAR

This is to inform that the Department of Mechanical Engineering is going to conduct Soft Skill Training Program on "Focus and Self Control" for the students of Mechanical Engineering by Dr. K. Kalaiselvan, Professor, Dr. N.G.P Institute of Technology, Coimbatore on 04.10.2021 at 10.00a.m. All the IV & III, II years students are asked to attend the program without fail.

Copy to

Principal File The HoDs - ECE, CIVIL, MECH, CSE, S&H Department Notice Board/MECH





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INSTITUTE OF ENGINEERING AND TECHNOLOGY



Athipalayam, Coimbatore - 641 110. Web site: www.sriet.ac.in Ph: 0422 2697792



DEPARTMENT OF MECHANICAL ENGINEERING

Organizes an Seminar on

"Focus and Self - Control"

Chief Guest

Dr.M.Sowirajan

Associate Professor Coimbatore Institute of Engineering and Technology

Date: October 04, 2021

Time: 10.00am to 12.00pm

Venue: Auditorium

March 1



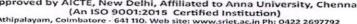
| | | FACU | ILTY I | PROFILE | | | |
|--------------------------------|--|---------------------------|---------|---------------------------------------|-------------------|--|--------------------------|
| Name | Dr.K.Kalaiselvan | Email | ka | laiselvan@drngp | it.ac.in | | |
| Qualification | M.E., Ph.D. | AU Faculty Code | 71 | 107198 | | | |
| Designation | Professor | Ph.D. Complet d Instituti | Te | oimbatore Institu echnology, Coimb | | | 0 10 |
| Experience at Dr. NGPIT | 7 Years, 8 Months | | | | | 10 12 14 14 14 14 14 14 14 14 14 14 14 14 14 | V |
| Date of Ph.D. Completed | August 2013 | Joini Date | | 02.06.2014 | | | |
| Experience after Ph.D. | 9 Years | | | | | | |
| | | Qu | alifica | ition | | | |
| Degree | Name of the In | stitution | | University | | Yea | r of Passing |
| Ph.D. | Coimbatore Institute of Technology, Coimbatore | | | Anna University, Ch | iennai | | 2013 |
| 1.E. | Annamalai University Chidambaram | у, | | Annamalai Universi Chidambaram | ty, | | 2001 |
| B.E. | K.S.Rangasamy College of Technology, Tiruchengode | | | Madras University, Chennai | | | 1999 |
| | | Ez | xperie | nce | | | |
| Institution/ | Company Design | | | Duration | Experie in Yea | | Cumulative Experience |
| Pr.N.G.P. Instit | I I I I I I I I I I I I I I I I I I I | ssor 02 | 2.06.20 | 014 to Till date | 7 Yea | | 21 years 3 Months |
| K.S.Rangasam Technology, Ti | | ssor 01 | 1.09.20 | 013 to 19.05.2014 | 2 Year | rs | |





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DEPARTMENT OF MECHANICAL ENGINEERING

FOCUS AND SELF CONTROL

PROGRAMME - ATTENDANCE LIST

Date: 04.10.2021

| S.No. | Register Number | Name of the Students |
|-------|-----------------|----------------------|
| 1 | 713918114002 | ABINESH B |
| 2 | 713918114004 | AJITH S |
| 3 | 713918114005 | ANBAZHAGAN C |
| 4 | 713918114006 | ARJUN V G |
| 5 | 713918114007 | BADHRINATH M |
| 6 | 713918114008 | BHARATH S |
| 7 | 713918114009 | BHARATH V |
| 8 | 713918114010 | CHANDRASEKAR R |
| 9 | 713918114011 | DINESH G |
| 10 | 713918114012 | DINESH KUMAR K |
| 11 | 713918114013 | DINESH R |
| 12 | 713918114014 | GOKULAKANNAN R S |
| 13 | 713918114015 | GUNASEKARAN S |
| 14 | 713918114016 | HARIPRASATH R P |
| 15 | 713918114018 | JAYAKRISHNA T |
| 16 | 713918114019 | JISHNU P U |
| 17 | 713918114020 | KANNA PERUMAL K |
| 18 | 713918114021 | KARTHICK RAJA S |
| 19 | 713918114024 | MANIKANDAN P |
| 20 | 713918114025 | MANOJ J |
| 21 | 713918114026 | MANOJ S |
| 22 | 713918114027 | MOHAN S |
| 23 | 713918114028 | MOHAN RAJ S |
| 24 | 713918114029 | MUNIYASAMY M |
| 25 | 713918114031 | NAVANEETHAKRISHNAN S |





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| | Attinparayam, combatore - | 541 110. Web site: www.sriet.ac.in Ph: 0422 2697792 |
|----|---------------------------|---|
| 26 | 713918114032 | PADAYAPPA C |
| 27 | 713918114034 | PALPANDI G |
| 28 | 713918114036 | PRAKASHRAJ S |
| 29 | 713918114037 | PRASANTH K |
| 30 | 713918114038 | PREM KUMAR P |
| 31 | 713918114039 | PRIYADHARSHINI E |
| 32 | 713918114040 | RAJENDRAPRASAD M |
| 33 | 713918114041 | RAJESH A |
| 34 | 713918114045 | SIVAKUMAR G |
| 35 | 713918114047 | SRIDHARAN R |
| 36 | 713918114048 | SUBASH G |
| 37 | 713918114051 | VETRISELVAN M |
| 38 | 713918114055 | YUVARAJ P |
| 39 | 713918114301 | CHANDRA MOHAN C |
| 40 | 713918114302 | NAVEEN V |
| 41 | 713918114303 | PREM MAHAVEER M |
| 42 | 713918114304 | RAGHUL M |
| 43 | 713919114001 | ABISHEK.P |
| 44 | 713919114002 | ARAVIND.S |
| 45 | 713919114003 | DANIEL.L |
| 46 | 713919114004 | EBINEZER PAUL.S |
| 47 | 713919114005 | GOKUL PRASATH.A |
| 48 | 713919114006 | GOWTHAM.M |
| 49 | 713919114007 | HAMILTON PRASIN.O |
| 50 | 713919114008 | MAHENDRAN.V |
| 51 | 713919114009 | MOHAN KUMAR.K |
| 52 | 713919114010 | MUKESH.M |
| 53 | 713919114011 | NAVANEETHA KRISHNAN.G |
| 54 | 713919114021 | SHYAM.S |
| 55 | 713919114022 | SOUNDARRAJ.M |
| 56 | 713919114023 | SRIDHARAN.M |
| 57 | 713919114024 | SUBASH.G |





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|----|---------------------------|---|
| 58 | 713919114026 | VANVASANTHAMUKILAN.B |
| 59 | 713919114027 | VASANTHA BABU.S |
| 60 | 713919114028 | VEERAPANDI.M |
| 61 | 713919114029 | VIGNESH WARAN.M |
| 62 | 713919114030 | VISHNU.P |
| 63 | 713919114301. | JOHNSON KANAGARAJ |
| 64 | 713919114302 | JOVE A |
| 65 | 713919114303 | ROBINSON JENNY BOY |
| 66 | 713920114001 | ABIMANYU M |
| 67 | 713920114002 | ADAIKALARAJ M |
| 68 | 713920114003 | ANKAPPA N |
| 69 | 713920114004 | ANUSH ARAVINDHAN N |
| 70 | 713920114005 | ARULPANDI S |
| 71 | 713920114006 | ARUN A |
| 72 | 713920114007 | ARUNPANDIYAN B |
| 73 | 713920114009 | BHARATHVAJ S |
| 74 | 713920114010 | GOKUL G |
| 75 | 713920114011 | HARSHA KUMAR N |
| 76 | 713920114012 | JEYAGANESH V |
| 77 | 713920114013 | JOTHISH J |
| 78 | 713920114014 | MADHUSUDHANAN K |
| 79 | 713920114015 | MALLIKARJUNASWAMY N |
| 80 | 713920114016 | MANIKANDAN K |
| 81 | 713920114017 | MATHANKUMAR B |
| 82 | 713920114018 | MATHIYAZHAGAN K |
| 83 | 713920114019 | MUGESH KANNAN G |
| 84 | 713920114020 | NITHEESH KANNAN N |
| 85 | 713920114021 | PRAKASH S |
| 86 | 713920114022 | RAMKUMAR R |
| 87 | 713920114023 | SAMUEL S |
| 88 | 713920114024 | SARAVANAKUMAR G |
| 89 | 713920114025 | SATHISH R |





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|-----------------------------|--|
| 713920114026 | SELVAGANESH A |
| 713920114027 | SIBIVANAN M |
| 713920114028 | SRIDHAR D |
| 713920114029 | SUJITH KUMAR A |
| 713920114031 | THAVA SELVAM B |
| 713920114032 | VIGNESH V |
| 713920114033 | VIGNESHWARAN M |
| 713920114034 | YOGESH M |
| 713920114301 | ANDREW FELIX A |
| 713920114304 | DEV ASWIN S |
| 713920114305 | DHADAPANI K R |
| 713920114306 | DIVIN R |
| 713920114308 | JAGADEESH M |
| 713920114309 | KIRAN D |
| 713920114310 | MANJUMILAN M |
| 713920114311 | MANOJ KUMAR S |
| 713920114312 | MIDHUN S |
| 713920114313 | MUTHUKUMAR M |
| 713920114314 | PRADEESH KUMAR D |
| 713920114316 | PRANESH M |
| 713920114318 | PRAVEEN M |
| 713920114319 | RANJITH KUMAR P |
| 713920114321 | SATHISHKUMAR M |
| | 713920114026 713920114027 713920114028 713920114029 713920114031 713920114032 713920114034 713920114304 713920114305 713920114306 713920114308 713920114309 713920114310 713920114311 713920114312 713920114313 713920114314 713920114316 713920114318 713920114318 713920114319 |

PRINCIPAL





SRI RANGANATHA







POST EVENT REPORT

| Computer Science And Engineering | | |
|--|---|--|
| Life Skill | | |
| Live By Choice | | |
| 26.02.2022 | | |
| Online | 10.00 AM-11.00 AM | |
| https://meet.google | .com/dtp-hsgt-rtr | |
| Dr.G.Barani | | |
| Bharathiyar University, Coimbatore | | |
| 75 | | |
| It is important for every women to empower their carrier Growth. | | |
| Students expressed their gratitude to the management and faculty members of department of computer science | | |
| Engineering for conducting this program | | |
| | Life Skill Live By Choice 26.02.2022 Online https://meet.google Dr.G.Barani Bharathiyar Univer 75 It is important for Growth. Students expresse and faculty member | |

HoD/CSE

OF ENG CBE 641 110. 1067 + 581



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Online session on

Live By Choice





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DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING

Date: 24.02.2022

To

The Principal,
Sri Ranganathar Institute of Engineering
and Technology, Coimbatore – 641 110.

CBE

Respected Sir,

Sub: Requesting permission to conduct a program for women-Reg.

Our Computer Science and Engineering department is Association with Women Empowerment Cell has planned to conduct the program titled "Live by Choice" on 26.02.2022 (Saturday) for all the departments girl children. The chief guest of this program is Dr.G.Barani, Associate Professor, School of Management and Entrepreneur Development, Bharathiar University, Coimbatore. Kindly give us permission to conduct this program successfully.

Thank you

HoD/CSE



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DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING

Date: 23.02.2022

This is to inform that Department of Computer Science and Engineering is planning to conduct a webinar on "Live By Choice" for all the departments.

Date & Time

: 26.02.2022 ,10.00-11.00 AM

Google meet link

: https://meet.google.com/dtp-hsgt-rtr

Resource Person

: Dr.G.Barani, Bharathiyar University, Coimbatore

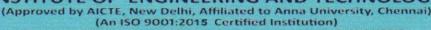
All the students are asked to attend the webinar.

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- 1. Principal File
- 2. The HoD ECE, EEE, CIVIL, MECH, CSE, S&H
- 3. Class reading /All Department
- 4. Department Notice Board

CBE









Department of Computer Science &

Engineering

ITES YOU TO THE

Webinar on "Life by Choice"

on 26th February,2022,10.00 am -11.00 am

through Google Meet

Google Meet Link: https://meet.google.com/dtp-hsgt-rtr

Resource Person: Dr.G.Barani,

Bharathiyar University, Coimbato

In the Presence of

Dr.K.P.Arulshri









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GUEST PROFILE



Dr.G.Barani has 20 years of experience in teaching, wherein she is serving as an Associate Professor in the School of Management and Entrepreneur Development of Bharathiar University, Coimbatore. She has published considerable number of research articles in various journals of national and international repute. 11 scholars are awarded Ph.D under her guidance, and six scholars are perusing their research. She has published 8 books.

She has also actively participated and presented papers in the Conferences and Seminars organized at National and International Levels. She serves as a resource person for delivering lectures on various topics in Marketing, Human Resources Management and Entrepreneurship and Women related issues. She has conducted a number of Workshops and Life skill training programmes. She has received the Best Teacher Award by Lions Club, Erode in the year of 2007. She has also obtained the Young Women Achiever Award in the year of 2011 by Lions Club. She has won the Best Paper of the Session Award during the 2012 International Conference on Economics, Business and Marketing Management at Singapore.

She is a recipient of **Best woman Teacher Award** by Nature and Science Foundation. She has also visited Singapore, Dubai and U.S.A. for International conferences in 2013, 2014 and 2019 respectively. She has obtained research grants from ICSSR IMPRESS and RUSA. She has held a number of offices including, Director of Women Development Centre, Personal secretary to Vice-Chancellor and Deputy Director for Centre of Affiliations at Anna University, Regional Centre, Coimbatore.

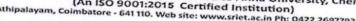
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CBE

641 110.









ATTENDANCE LIST

| S.NO | NAME OF THE PARTICIPANT | YEAR OF STUDY | DEPA RTM ENT |
|------|----------------------------|------------------|--------------------|
| 1 | ARCHANADEVI A | IV Year | CSE |
| 2 | D.SHANKAR | II Year | CSE |
| 3 | VIGASH.S | IV Year | CSE |
| 4 | LOGANATHAN V | II Year | CSE |
| 5 | AYSHA FARHANA | II Year | CSE |
| 6 | DIVYA M | II Year | CSE |
| 7 | NIRMAL PRASANTH. P | IV Year | CSE |
| 8 | SANTHOSH KUMAR V | IV Year | CSE |
| 9 | HARIPRIYA K | II Year | A 15 |
| 10 | AZHAGESHWARI R | II Year | CSE |
| 11 | JANANI RINDHIYA C M | II Year | CSE |
| 12 | KARTHIKA.P | II Year | CSE |
| 13 | JANANI PRIYA R | III Year | CSE |
| 14 | EZHILARASI T | IV Year | CSE |
| 115 | AJAY T | II Year | CSE |
| 16 | JASMIN SWETHA S | II Year | CSE |
| 17 | NARMATHA S | II Year | CSE |
| 18 | SUJITHRAJ S | | CSE |
| 19 | N.KRISHNAVENI | II Year | CSE |
| 20 | VYSHNAV B | III Year | CSE |
| 21 | N SOWMIYA | IV Year | CSE |
| 22 | A.RITHIKA | IV Year | CSE |
| 23 | ABIGAIL J | IV Year | CSE |
| 124 | | II Year | CSE |
| TEN. | S. DEVADHARSHINI | III Year | CSE |

PRINCIPAL

Sri Ranganathar Institute of Engineering and Technology

Athipalayam, Coimbatore - 641 110.

641 110.

| | N | | |
|----|-------------------|----------|-----|
| 25 | ARUN KUMAR P | II Year | CSE |
| 26 | BHUVANESHWARI.R | IV Year | CSE |
| 27 | TAMIZHARASI.A | IV Year | CSE |
| 28 | DEENADHAYALAN S | III Year | CSE |
| 29 | KIRTHANA M | II Year | CSE |
| 30 | PRAKASH M | IV Year | CSE |
| 31 | MANIKANDAN A | IV Year | CSE |
| 32 | SHARMILA P | II Year | CSE |
| 33 | SURENDRA KUMAR M | II Year | |
| 34 | ARUL KUMAR K | II Year | CSE |
| 35 | PRABAKARAN.S | IV Year | CSE |
| 36 | RAVANYA.R | IV Year | CSE |
| 37 | SANTHIYA.S | T A | CSE |
| 38 | AKASTIN.P | IV Year | CSE |
| 39 | T. BARKAVI | IV Year | CSE |
| 40 | LAVANYA. R | III Year | CSE |
| 41 | | III Year | CSE |
| 42 | BHUVANESHWARAN G | III Year | CSE |
| 43 | R DEEPA | IV Year | CSE |
| 44 | S.PREETHI | III Year | CSE |
| 45 | A.SRI BRINTHA | III Year | CSE |
| 46 | JEYAMANI.J | IV Year | CSE |
| 47 | MUTHU MANI M | II Year | CSE |
| 48 | REVATHI R | II Year | CSE |
| 49 | SHANMUGAPRIYA.S | III Year | EEE |
| 50 | M.BRINDHA | III Year | EEE |
| 51 | SWETHA.C | III Year | EEE |
| 52 | BLESSY S | II Year | CSE |
| 53 | KEERTHANA.R | IV Year | ECE |
| 54 | R. DIVYA | II Year | EEE |
| 55 | DEVI G | IV Year | CSE |
| 56 | S.DHIVYA BHARATHI | IV Year | CSE |
| 50 | AMUTHA E | IV Year | CSE |

| 57 | ASWIN PRABHU K | III Year | EEE |
|----|--------------------|----------|------|
| 58 | S.M.SUBATHRA | III Year | CSE |
| 59 | ABILA.R.S | III Year | |
| 60 | PRATHAP A | IV Year | ECE |
| 61 | GOPI M | II Year | CSE |
| 62 | E.PRIYADHARSHINI | IV Year | MECH |
| 63 | GOPINATH N | IV Year | ECE |
| 65 | UMAMAHESWARI.S | IV Year | ECE |
| 66 | K. BHUVANESWARI | III Year | CSE |
| 67 | K. BHUVANESWARI | III Year | CSE |
| 68 | SOWMIYA.P | III Year | CSE |
| 69 | KARTHIKEYINI K | II Year | ECE |
| 70 | JOY AJAY VARMA J | II Year | ECE |
| 71 | A.R.KEERTHI MALINI | III Year | ECE |
| 72 | JAYASELVI.M | III Year | CSE |
| 73 | N.MENAKA | IV Year | ECE |
| 74 | SEBASTIAN V | III Year | EEE |
| 75 | SANGEETHA P | II Year | ECE |

STAFF IN-CHARGE

HOD FR. S

CBE 641 110. BB 641 110.







Post Event Report

| Department | Science and Humanities | |
|--|---|--|
| Name of the Event | LIFE SKILLS | |
| Title of the Event | Yoga – A one-week training programme. | |
| Date of the Event | 13.12.2021 - 17.12.2021 | |
| Venue & Time | Drawing hall 6.00a.m. – 9.00a.m. | |
| Name of the Chief Guest | Mr. Baskar & Mr. Sathish | |
| Designation of the Chief Guest | Volunteers – Isha Yoga | |
| No of Participants | 140 | |
| Outcome | The yoga training has offered a variety programs that provide methods to attain physic mental and spiritual wellbeing. It aims to enal students to deepen their experience of life and reatheir ultimate potential. | |
| Students were very happy for the opportunity provided to learn practices derived from a tradition maintained in its full purity and vibrancy | | |

Principal











Students are attending Yoga training programme



Department of Science & Humanities

Proposal for Yoga Training Program

02.12.2021

Submitted to the Principal

Sub: Requesting permission to conduct Yoga training program - Regd.

We would like to conduct one week Yoga training program for our first year students. In this regard, we have asked for volunteers from Isha Yoga to provide training for one week in order to improve their concentration and to reduce stress.

Kindly give us permission to conduct the program from 13.12.2021 - 17.12.2021 in the drawing hall from 6.00a.m. - 9.00a.m.

Event coordinator

HoD/S&H

Principal









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06.12.2021

CIRCULAR

This is to inform that the Department of Science and Humanities has planned to conduct Yoga training program for one week from 13.12.2021 – 17.12.2021 in the drawing hall. The interested students can enroll their names to their respective advisors on or before 09.12.2021. This program would be helpful to you in improving your strength, balance and flexibility.

Timing: 6.00a.m. – 9.00a.m.

Volunteers: Mr. Baskar & Mr. Sathish, Isha Yoga

HOD/S&H

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Notice board - S & H

Class circulation

The HoDs - CIVIL CSE, EEE, ECE, MECH.





SRI RANGANATHAR

NSTITUTE OF ENGINEERING AND TECHNOLOGY





DEPARTMENT OF SCIENCE AND HUMANITIES

Yoga Training Program

By

Mr. Baskar & Mr. Sathish

Volunteers – Isha Yoga

CHIEF PATRON

Dr. V. NARAYANASAMY CHAIRMAN, SRI GROUPS

PRESIDENT

Dr. K. P. ARULSHRI PRINCIPAL, SRIET

CO-ORDINATOR

Dr. S. ESWARAN

HOD – S & H

Date: 13.12.2021 - 17.12.2021

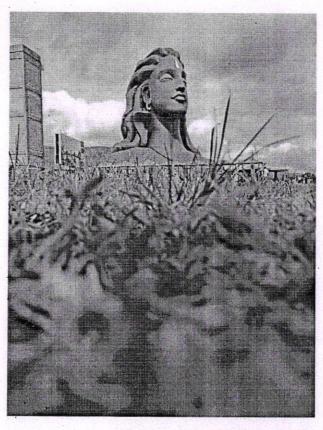
Timings: 6.00a.m. – 9.00a.m.

Venue: Drawing hall









Isha Foundation is a non-profit, spiritual organisation founded in 1992 near Coimbatore, India, by Jaggi Vasudev. It hosts the Isha Yoga Centre, which offers yoga programs under the name Isha Yoga. The foundation is run "almost entirely" by volunteers.

The Yoga Centre, founded at Isha Foundation in 1994. This customised system of yoga combines postural yoga with chanting, breathing (*prāṇāyāma*) and meditation. It does not belong to a lineage (*paramparā*), and its practitioners believe it to be based on the founding guru's unique insight.

A yoga course for the Indian national hockey team was conducted in 1996. Isha Foundation began conducting yoga programs in the United States in 1997 and, in 1998, yoga classes for life-term prisoners in Tamil Nadu prisons.

Activities

The foundation regularly organises gatherings (*sathsangs*) with Vasudev in the Indian states of Tamil Nadu and Karnataka, where he delivers, discourses, leads meditations and conducts question-answer sessions. It also organises annual pilgrimages (*yatras*) to Mount Kailash and the Himalayas. The Kailash pilgrimage led by Vasudev is among the largest groups to visit Kailash, with 514 pilgrims making the journey in 2010.

The centre also hosts an annual seven-day-long music and dance festival culminating in the allnight celebration of Maha Shivaratri, a major Hindu festival honouring Shiva. They have also been conducting many training programmes for the students equipping them to handle external situations with ease. Representatives from Isha Foundation conducted the training programme for our first year students for a week from December $13^{th} - 17^{th}$, 2021.





INSTITUTE OF ENGINEERING AND TECHNOLOGY
(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai)
(An ISO 9001:2015 Certified Institution)
Athlpalayam, Coimbatore - 641 110. Web site: www.srlet.ac.in Ph: 0422 2697792



DEPARTMENT OF SCIENCE & HUMANITIES

Yoga Training Program

ATTENDANCE LIST

Date: 13.12.2021 - 17.12.2021

| S. No. | REGISTER No. | NAME OF THE STUDENT |
|--------|--------------|------------------------|
| 1. | 713921105001 | ABINESH A |
| 2. | 713921105002 | ANANDHI B |
| 3. | 713921105003 | ANANTHI S |
| 4. | 713921105004 | ARISH RAGAVAN R |
| 5. | 713921105005 | |
| 6. | 713921105006 | BALU PRATHICK P |
| 7. | 713921105007 | DHANUSH B |
| 8. | 713921105008 | DHIVAHAR S |
| 9. | 713921105009 | DINESH KUMAR V |
| 10. | 713921105011 | GOKUL T |
| 11. | 713921105012 | GUNA M |
| 12. | 713921105013 | KAMALESH R |
| 13. | 713921105014 | KATHIRVEL K |
| 14. | 713921105015 | |
| 15. | 713921105023 | SARAVANA KUMAR K |
| 16. | 713921105024 | SATHISHKUMAR G |
| 17. | 713921105025 | SATHYA SANJEEV G |
| 18. | 713921105026 | |
| 19. | 713921105029 | SUGUMARPANDI S |
| 20. | 713921105030 | SUJITH KUMAR S |
| 21. | 713921105031 | SURENDAR K |
| 22. | 713921105032 | SUVENDAR A |
| 23. | 713921105033 | VISHNU PRASATH S |
| 24. | 713921105034 | YUVAN SANKAR RAJA E |
| 25. | 713921103001 | ARASUVANAN J T |
| 26. | 713921103002 | DHANUSH KUMAR S |
| 27. | 713921103003 | GOKUL B |
| 28. | 713921103004 | GUNA A |
| 29. | 713921103005 | JAYAPAL D |
| 30. | 713921103007 | LAKSHMANA KUMAR K |
| 31. | 713921103008 | MUDDUSETTI GNANESWAR M |
| 32. | 713921103009 | PRAVEEN RAJ R |
| 33. | 713921103010 | RAMKUMAR K |
| 34. | 713921103011 | REEGAN R |
| 35. | 713921103013 | SANTHANA KRISHNAN G |
| 36. | 713921103014 | SIVAGAMI N |
| 37. | 713921103015 | SRIKANTH K |





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| 38. | 713921103016 | VEERAPATHIRAN V |
| 39. | 713921104001 | |
| 40. | 713921104003 | |
| 41. | 713921104005 | BISWAS SATISH |
| 42. | 713921104006 | |
| 43. | 713921104008 | DIAS S |
| 44. | 713921104009 | |
| 45. | 713921104011 | ELANDEEPAN J B |
| 46. | 713921104012 | |
| 47. | 713921104013 | GOWTHAM E |
| 48. | 713921104018 | KALAIYARASAN S |
| 49. | 713921104019 | KANDERI GUNAVARDHAN |
| 50. | 713921104020 | |
| 51. | 713921104021 | KIRUBAKARAN S |
| 52. | 713921104023 | KONIKI BHARATH |
| 53. | 713921104024 | KORRAPATI VENKATA SAI KUMAR |
| 54. | 713921104025 | KOWSHIK S |
| 55. | 713921104026 | KUMAR A |
| 56. | 713921104027 | LOKESWARAN M |
| 57. | 713921104028 | MANIKANDAN R |
| 58. | 713921104029 | MANIKANDAN T |
| 59. | 713921104030 | MANOJ M |
| 60. | 713921104031 | MARUTHU PANDIAN D |
| 61. | 713921104032 | MOHITH R |
| 62. | 713921104036 | NAVEEN N |
| 63. | 713921104037 | PAVAN KUMAR M |
| 64. | 713921104038 | RAGUL A |
| 65. | 713921104039 | RAVI VARMAN K P |
| 66. | 713921104040 | SACHIN B |
| 67. | 713921104041 | SACHIN KUMAR D |
| 68. | 713921104042 | SANDEEP R |
| 69. | 713921104043 | SRIDHAR J |
| 70. | | SRIGUNASEELAN S |
| 71. | 713921104045 | SRIRAAM V G |
| 72. | 713921104046 | SRI SOUNDARRAJ N |
| 73. | 713921104047 | STEPHENJOSEPH M |
| 74. | 713921104053 | THIRUMANYAM MOHAN REDDY |
| 75. | 713921104054 | THUMMALURU SAGAR REDDY |
| 76. | 713921104055 | TOTALO MUZAMMIL |
| 77. | 713921104056 | VASANTH P |
| 78. | 713921104057 | VIGNESH E |
| 79. | 713921104058 | VIJAY BHARATHI B |
| 80. | 713921104059 | YANOSH P |
| 81. | 713921104060 | YUVARAJ S |
| 82. | 713921106004 | BHUVIN BUTHANIL VELLS G |
| 83 | OF ENG. 713921106006 | CHANDU CR |
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| 84. | 712021106007 | CHRITHALANGERIA |
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| 85. | 713921106007 | CHINTHALA MUTHU |
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| 99. | 713921106027 | |
| 100. | 713921106028 | MOHAMED BASSAM H |
| 101. | 713921106030 | NALLAGONDU |
| 102. | 713921106035 | PANDIGUNTA JYOTHI REDDY |
| 103. | 713921106037 | |
| 104. | 713921106038 | POLISETTY OMKAR |
| 105. | 713921106042 | RAMNIVASS P |
| 106. | 713921106044 | RENGANATHAN P |
| 107. | 713921106045 | SAKTHIVEL A |
| 108. | 713921106046 | SANA PRUDVINATH |
| 109. | 713921106048 | SEENU PRAKASH S |
| 110. | 713921106058 | VENKATESH P |
| 111. | 713921106059 | VIMAL RAJ N |
| 112. | 713921114001 | ABIMAN BOOPATHY P A |
| 113. | 713921114003 | AJAY BABU S |
| 114. | 713921114004 | ANANDA KRISHNAN K |
| 115. | 713921114005 | ARAVINDAN M |
| 116. | 713921114006 | AROCKIA AJAN A |
| 117. | 713921114008 | BALAMURUGAN M |
| 118. | 713921114009 | BARATH V |
| 119. | 713921114010 | DEEPAKKUMAR S |
| 120. | 713921114011 | DHANUSH R |
| 121. | 713921114012 | DHANUSH S |
| 122. | 713921114013 | DHARMA DURAI M |
| 123. | 713921114014 | HAREESH B |
| 124. | 713921114015 | JOSHVAREVANDH S |
| 125. | 713921114016 | KARNAN C |
| 126. | 713921114017 | KARTHIK V |
| 127. | 713921114018 | KARUPUSAMY C |
| 128. | 713921114019 | KESAVAN M |
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| 130. | 713921114021 | MAHESH C |
|------|--------------|-----------------------|
| 131. | 713921114022 | MARIMUTHU K |
| 132. | 713921114023 | MATHESH S |
| 133. | 713921114024 | MOHANRAJ T |
| 134. | 713921114026 | NANTHEESH P |
| 135. | 713921114027 | PANDIYARAJAN R |
| 136. | 713921114028 | PASUPATHI P |
| 137. | 713921114029 | PERUMALPRAVEENKUMAR K |
| 138. | 713921114047 | TAMILARASAN P |
| 139. | 713921114048 | VIGNESH S |
| 140. | 713921114049 | VIGNESHPANDI P |

